CatLoversShare

Can my cat eat this?

Safe, risky and toxic foods for cats. Stick it on your fridge.



✓ Safe treats

- Plain cooked chicken
- Cooked eggs
- Plain pumpkin

☠ Toxic: keep away

- Onions & chives
- Garlic & leeks
- Chocolate
- Grapes & raisins
- Alcohol
- Coffee, tea & energy drinks
- Raw bread dough

! Only a little

- Tuna in water
- Hard cheese
- Plain yogurt
- Banana
- Seedless watermelon
- Strawberries
- Blueberries
- Apple (no seeds)
- Plain cooked rice

✕ Better not

- Cow's milk
- Peanut butter
- Avocado
- Dog food

⚠️ Not food, but deadly: **lilies**. Even a little pollen can cause kidney failure in cats.

Treats, including human food, should stay under about 10% of your cat's daily calories. Always plain: no salt, butter, onion or garlic.

Ate something toxic? Call your vet right away, even if your cat seems fine.

My vet: _____

Emergency vet: _____

General information based on ASPCA and Cornell Feline Health Center guidance. Not a substitute for advice from your vet.